

Why should I attend this conference?

What will I do when I retire?

Where would I like to live?

What lifestyle will suit me?

Where will I find it?

How much will it cost?

Is there a retirement community designed for Indo-American's needs?

Will such a facility have continuing care for people with different needs?

What will make my newly found freedom meaningful and enjoyable?

What actions must I take to protect my assets, and to ensure smooth and efficient transition?

How can I keep myself healthy?

What will Government programs do for me?

Where can I go for help?

If you have such questions, and want to find answers...

If you have found some answers, but want to make sure you are on the right track...

If you are curious about such issues, you are wondering what other people are thinking, or you want to start planning...

If you just want to reflect...you will be happy when you...

...attend the Conference!

Registration Information

Issues, Aspirations and Options in Senior Years for Indo-Americans

Feb. 19 and 20, 2005

Place:

Pioneer Room, Quality Inn and Suites, Artesia, California 90701 (On Pioneer Blvd at 91 Exit).

Quality Inn will offer special room rate of \$69 per day for participants. Each room has 2 double beds. To reserve: Call 562 402 2202 and mention Indo-American Seniors Conference .

Registration Fee:

Before January 31, 2005

\$85 for 1 person and \$50 for spouse

After January 31, 2005

\$100 for 1 person and \$50 for spouse

(Includes conference material, breakfast, lunch and tea/coffee for 2 days)

Contacts :

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Issues, Aspirations and Options in Senior Years for Indo-Americans

February 19-20, 2005

Pioneer Room
Quality Inn and Suites
Artesia, CA 90701

The first wave of Indo-American immigrants to the USA is entering the retirement phase.

It is important that as a community we begin to seriously discuss, understand and plan for this phase of our life to make it meaningful and enjoyable to the utmost.

This two day Conference is organized with that goal.

Tentative Program

Saturday, February 19

8:00 AM - 9:00 AM: Registration & Breakfast
9:00 AM - 9:30 AM: Keynote Address
9:30 AM - 12:30 PM: Two sessions & Coffee Break
12:30 PM - 1:15 PM: Lunch
1:30 PM - 5:00 PM: Two sessions & Coffee Break

Sunday, February 20

8:00 AM - 9:00 AM: Breakfast
9:00 AM - 12:00 PM: Two sessions & Coffee Break
12:00 PM - 1:00 PM: Lunch
1:00 PM - 5:00 PM: One session and Tour of Seniors Facilities

Tours may be switched to Saturday depending upon the convenience of the facilities.
:Sessions will include presentations and facilitated discussions.

Planned Topics

- Unique Issues and Aspirations of Indo-American Seniors
- Need for Organized Efforts and Networking
- Aging & Health Management
- Government Programs for Seniors
- Housing Options and Implications
- Opportunities in Senior Years
- Financial (Estate Planning) & Legal Issues
- Future Plans
- Experiences of Other Ethnic Communities

Register early, space is limited!
Inform your friends and family

Participate wholeheartedly
Support by attending the conference



To register, complete this form and send with your check

Name: 1. _____ 2. _____ 3. _____

Address: _____ City: _____ State: _____ Zip: _____

Telephone: _____ Email: _____

Number of People: _____ Total Amount: _____

Cut out this registration form, put check and form in envelope and mail to:

Make checks payable to "My Heritage"

My Heritage Seniors Meeting
1246 EL Paseo,
La Habra Heights, CA 90631.