



What is Uttar Rang:

A Platform to collectively help Marathi people to plan to age gracefully, and to spend their life after retirement in a purposeful, peaceful and productive manner..

Why Uttar Rang Conference at the BMM convention:

BMM Conventions Have Become The Main Collective Activity of the Marathi Community In North America. It draws large audiences from across the Canada and The USA. Majority of the audience is near or at retirement. Accordingly, Uttar Rang Conference at the Convention provides the best opportunity to the largest audience to derive most benefit at the minimum expense.

Milestones:

- For the last 25 years We are creating awareness about the issues, options and aspirations for our life after 50 in N. America.
- In 1991 BMM convention at (Long Beach) Los Angeles the idea of retirement community for Indo Americans was introduced by Dr. Ashok Sapre.
- We are organizing conferences and seminars from 2005 and have organized more than 10 such events in Los Angeles, New Jersey, Washington D.C., Chicago, San Jose, Orlando, Austin and Toronto.
- We have Uttar Rang column in Brihan Maharashtra Vrutta since 2004.

Where do we go From Here ?:

- Establish a team to nurture and lead Uttar Rang activities.
- Virtual and Actual retirement communities for Marathi people.
- Support system in the Marathi Community and dialogue with the other Indian communities.
- Increase awareness of senior services available to people.



१७ वे अधिवेशन , २०१७

Aging is Alright ! Makes Life Colorful and Bright !



एकमेकांचे धरुनी हात | सुखाशान्तीची शोधू वाट || चला राहू आनंदात | आयुष्याच्या उत्तर रंगात ||

TENTATIVE PROGRAM

10 AM–10:10 AM : Welcome and Opening Remarks : Dr. Ashok Sapre (Facilitator)

10:10 AM—10:30 AM : Keynote Address (A Prominent Person Will Be a Keynote Speaker)

10:30 AM—10:45 AM: BMM Uttar-Rang Initiative: Past, Present and Future

BMM Conventions Have a Long History of Discussing Issues Related to Senior Marathis. This Is The First Time A Separate One Day Long Conference Is Organized At The BMM Convention. As The Population Of Senior Marathi People Increases Uttar-Rang Will Demand More Attention.

10:45 AM—11:15 AM: Future of Aging : Dr. Dilip Jeste

Dr. Jeste Is The Director Of the Internationally Well Known The Stein Institute Of Aging At The UCSD Medical School. The Institute Conducts Research On The Key Factors For Successful Aging.

11:15 AM—Noon : Senior Singles : Issues, and Need for Action (Facilitator: Dr. Sharayu Tulpule)

The Number Of Senior Singles In The Marathi Community Is On The Rise, And This Is Likely To Continue. Being A Single Senior In A Multi-Cultural Environment Presents Difficult Problems. Marathi Community Needs To Develop And Act On A Plan To Address This Ever Growing Problem.

Noon: 1:00 PM: Lunch

1:00 PM--1:45 PM : Retirement Housing Options (Shanti Niketan and Others)

Shanti Niketan Near Orlando, Florida Is The First Exclusively Indian Retirement Community. It Plans To Expand Around The Country. This Presentation Will Include Discussion On The Life Style And Costs At Shanti Niketan.

1:45 PM—2:30 PM: Long Term Care Options: Presentation and discussion

Long Term Care Needs (Money And Manpower) Can Be Met In A Variety Of Ways. This Presentation Will Discuss The Options. It Will Be Done By A Very Reputable Organization.

2:30 PM- 3:00 PM: Chay Charcha (Tea break)

3:00 PM—4:00 PM Think Globally, Act Locally: Marathi Senior Groups in North America

Over The Last Ten Years, Several Marathi Senior Groups (55+ Club In NJ, Agranee In Washington, D.C., Virungula in CA and Others) Have Been Formed To Meet The Needs Of Seniors. They Will Discuss Their Activities.

4:00 PM – 4:30 PM : Opportunities for Volunteering (India, USA)

Many Marathi Seniors Are Volunteering And More Are Looking For Opportunities. This Presentation Will Show Where And What Opportunities Exist. Prominent Community Leaders and NGOs Will Participate.

4:30 PM- 5:00 PM: Facilitated Discussion On:

Feasibility of Marathi Retirement Community in North America (Carve-Out or Exclusive?)

Many Marathi People Have Expressed A Strong Desire To Have A Primarily Marathi Retirement Community. We Will Discuss The Options And The Feasibility.

5:00 PM—5:30 PM Felicitation and Closing Remarks

We Will Honor The Speakers And The Community Leaders.

* Details of the Program are subject change over the next several weeks*

